INDEX

	Page
INTRODUCTION (Anglais, English)	1
INTRODUCTION (Français, French)	2
I - LITERATURE	3
DOCUMENTATION	4
NUTRITION	5
SEX EDUCATION & FAMILY PLANNING EDUCATION SEXUELLE ET PLANIFICATION FAMILIALE	7
MATERNAL AND CHILD HEALTH HYGIENE MATERNELLE ET INFANTILE	8
ENVIRONMENT & SANITATION ENVIRONNEMENT ET SALUBRITE	10
COMMUNICABLE DISEASES MALADIES CONTAGIEUSES	11
SAFETY SECURITE	12
MISCELLANEOUS DIVERS	13
FITNESS CONDITION PHYSIQUE	14
ORDER FORM BON DE COMMANDE	15 16

		PAGE
II	AUDIO VISUAL RESOURCES MATERIEL AUDIO-VISUEL	17
	A) TAPE/SLIDE PROGRAMS, FILMSTRIPS, VIDEOTAPES (1/2" BETA or 3/4"), EXCLUDING 16mm FILMS	
	NUTRITION	18
	SEX EDUCATION & FAMILY PLANNING EDUCATION SEXUELLE ET PLANIFICATION FAMILIALE	25
	PRE-NATAL, MATERNAL AND CHILD HEALTH HYGIENE PRENATALE, MATERNELLE ET INFANTILE	29
	COMMUNICABLE DISEASES MALADIES CONTAGIEUSES	32
	SAFETY SECURITE	35
	MISCELLANEOUS DIVERS	36
	PHYSICAL FITNESS CONDITION PHYSIQUE	40
	ORDER FORM BON DE COMMANDE	42 43
	B) FILMS 16mm	
	NUTRITION	44
	SEX EDUCATION & FAMILY PLANNING EDUCATION SEXUELLE ET PLANIFICATION FAMILIALE	45
	PRE-NATAL, MATERNAL & CHILD HEALTH HYGIENE PRENATALE, MATERNELLE ET INFANTILE	49
	ENVIRONMENT & SANITATION ENVIRONNEMENT & SALUBRITE	54
	COMMUNICABLE DISEASES MALADIES CONTAGIEUSES	55

SAFETY 58
SECURITE

MISCELLANEOUS 59
DIVERS

ORDER FORM (16 mm) 67
BON DE COMMANDE (16mm) 68

SOURCES OF HEALTH EDUCATION MATERIALS
SOURCES DE DOCUMENTATION SUR L'EDUCATION SANTE

IN N.B. 69
AU N.-B.

OUTSIDE N.B. 73
HORS DU N.-B.

COMMUNITY HEALTH REGIONAL OFFICES 74
BUREAUX DE SANTE COMMUNAUTAIRE RÉGIONAUX 77

PUBLICATIONS' SOURCES 80
SOURCES DES PUBLICATIONS

INTRODUCTION

This catalogue lists all health education materials currently available from The Department of Health and Community Services of New Brunswick. (Address below).

Each Community Health Regional Office (list on p.72) should have copies of each item listed in our literature section. (Pamphlets, brochures,...excluding audio visual material) As new items are added to the literature selection, copies are forwarded to these regional offices for distribution in their area. Your request should initially be directed there, and if unsuccessful, you should contact:

Communication Services
P.O. Box 5100
3rd Floor, Carleton Place,
Fredericton, N.B. E3B 5G8
Tel: 453-2536

The Department also has audio-visual materials including 16mm films. Your request for audio-visual materials **except** for 16mm films should be forwarded directly to Communication Services at the above address. (See A.V. Request Order Form at p.39)

In reference to 16mm films, please send your request (Order Form at p.65) to:

Instructional Resources
Department of Education
P.O. Box 6000
Fredericton, N.B. E3B 5H1
Tel: 453-2319

A number of other organizations in the Province distribute literature and other educational materials on health topics. As far as possible, Communication Services tries to avoid duplicating their services; therefore interested persons should contact these organizations directly. For convenience, most of these sources are listed at the end of this catalogue. (If the organization wants payment for publications, please advise Communication Services in advance.)

INTRODUCTION

Le présent catalogue comprend une liste de toutes les ressources éducatives que l'on peut se procurer auprès du ministère de la Santé et des Services communautaires du Nouveau-Brunswick. Tous les bureaux de santé communautaire régionaux (liste à la p.75) devraient avoir des copies de la documentation. (Pamphlets, brochures,...excluant les matériaux audio-visuels). A mesure que des documents sont ajoutés à cette liste, nous en envoyons dans les bureaux régionaux afin que ceux-qui puissent en faire la distribution dans leurs localités. Votre demande à cet effet devrait être dirigée premièrement vers ces bureaux et ensuite vers nous, à l'adresse suivante, au cas ou votre demande ne peut être remplie:

Services de communication
C.P. 5100
3ième étage, Place Carleton
Fredericton, N.-B. E3B 5G8
Tél: 453-2536

Le ministère a aussi des programmes audio-visuels ainsi que des films 16mm. Votre demande pour du matériel audio-visuel **autre que** des films 16mm devrait être dirigée à l'adresse ci-haut. (Voir Bon de Commande à la p.40).

En ce qui a trait aux films (format 16mm) veuillez diriger votre demande (Bon de Commande à la p. 66) à l'adresse suivante:

Ressources pédagogiques
Ministère de l'Education
C.P. 6000
Fredericton, N.-B. E3B 5H1
Tél.: 453-2319

Un certain nombre d'organismes dans la province distribue de la documentation et des imprimés sur des sujets relatifs à la santé. Services de communication, tente d'éviter, autant que possible, le double emploi des services; par conséquent, les personnes intéressées sont priées de communiquer directement avec ces organismes. Le plupart de ceux-ci sont cités à la fin du présent catalogue. (Veuillez communiquer avec le bureau des Services de communication à l'avance si l'organisme exige paiement pour les publications.)

I- LITERATURE

This section lists the literature (pamphlets, booklets, posters, etc.) currently available from Health Information.

Materials are grouped and numbered according to the following categories:

001-099	Nutrition
100-199	Sex Education and Family Planning
200-299	Maternal and Child Health
300-399	Environment and Sanitation
400-499	Communicable Diseases
500-599	Safety
600-699	Miscellaneous
800-899	Fitness

Literature Order Forms are provided immediately following this section. (See page 16).

Please order your literature far enough in advance of the required date to allow for processing and shipping.

E = English/Anglais

F = French/Francais

B = Bilingual/Bilingue

N.B. Publications that require payment are followed by 2 asterisks (**). Please advise Communication Services prior to ordering.

I - DOCUMENTATION

Cette section comprend une liste des publications actuellement disponibles du bureau d'Information Santé (brochures, pamphlets, affiches, etc.). Ces imprimés sont classés et numérotés selon les catégories suivantes:

001-099	Nutrition
100-199	Education sexuelle et planification familiale
200-299	Hygiène maternelle et infantile
300-399	Environnement et salubrité
400-499	Maladies contagieuses
500-599	Sécurité
600-699	Divers
800-899	Condition physique

Des Bons de Commandes de documentation sont inclus dans le présent catalogue à la fin de la section de la documentation. (Voir page 17).

Etant donné le délai qu'exige le traitement et l'expédition de votre commande, veuillez commander assez longtemps avant la date requise.

E = Anglais/English

F = Français/French

B = Bilingue/Bilingual

N.B. Les publications qui requièrement paiement sont suivies de deux astérisques (**). Veuillez aviser les Services de communication avant de commander.

NUTRITION

001	B	Score sheet for each day's meals. (1)* Fiche de pointage: les repas d'une journée
002	E	Canada's Food Guide (2)
002	F	Guide alimentaire canadien
003	E	Canada's Food Guide Handbook (2)
003	F	Le manuel du guide alimentaire canadien.
004	E	Good for you N.B. (Nutrition-Elem.) Poster (1)
004	F	Tant mieux pour vous N.-B. (Nutrition-Elem.) Affiche
005	E	Nutrient value of some common foods (2)
005	F	Valeur nutritive de quelques aliments usuels
007	E	The Mini Lunch Bag Planner (1)
007	F	La Mini-guide de la boîte à diner
008	E	Blender foods for baby (1)
008	F	Les aliments de bébé préparés au mélangeur
009	B	Snacking Facts (1) Quelques faits à se mettre sous la dent
010	E	Breastfeeding (2)
010	F	L'allaitement maternel
011	B	Bottle feeding your baby (1) Allaitement de votre bébé au biberon
012	B	Good nutrition for expectant moms (1) Bonne alimentation pour les femmes enceintes
013	B	Nutritionword (1) Mot-Mystère

* Number corresponds to source. See list page 78.
Le numéro correspond à la source. Voir la liste à la page 78.

014	E	Learning about nutrition is fun! (1) Nutrition action activities.
014	F	La nutrition - Sujet d'étude divertissant - Source d'activités
017	E	Breastfeeding Your Baby (1)
017	F	Allaitement de votre bébé au sein
019	E	Eat better, feel great (2)
019	F	Mangez mieux, vous irez mieux
021	B	Nutrition action stickers (1) Collants - Action nutrition
024	B	Nutrition for sale (1) A vendre: nutrition
025	E	Nutrition education for healthful living. (1)
025	F	Le nutri-guide: Cahier d'éducation nutrition.
028	E	Cooking for one. (1)
030	E	Good for you N.B. (Nutri-Teens) Poster (1)
030	F	Tant mieux pour vous N.-B. (Nutri-Adoles) Affiche

SEX EDUCATION AND FAMILY PLANNING
EDUCATION SEXUELLE ET PLANIFICATION FAMILIALE

101	E	Approaching Adolescence (for girls) (2)
101	F	A l'approche de l'adolescence (pour filles)
102	E	Approaching Adolescence (for boys) (2)
102	F	A l'approche de l'adolescence (pour garçons)
105	E	Growing up: a wonderful experience (4)
105	F	Grandir: une expérience à vivre
106	E	Like it is (2)
106	F	Sans Detour
107	E	Facts Sheet: Teenage Pregnancy (5)**
108	E	Birth Control that works (20)**

MATERNAL AND CHILD HEALTH
HYGIENE MATERNELLE ET INFANTILE

200	E	Prevention Now: A concept and a practice (6)
200	F	Prévenir maintenant: Théorie et pratique
201	E	Like other children: A guide for parents of the mentally retarded (6)
201	F	Des enfants commes les autres (Guide à l'intention des parents d'enfants déficients.)
202	E	Drugs and Pregnancy: Baby wants to be healthy (7)
202	F	Drogues et Grossesse: Bébé veut être en santé
203	E	Nervous mannerisms and what's behind them (8)**
203	F	Les affectations nerveuses et leurs causes
204	E	Learning to enjoy eating (8)**
204	F	Apprendre à savourer les aliments
205	E	Understanding and coping with a child's fears (8)**
205	F	Comment comprendre et atténuer les craintes d'un enfant
206	E	Preparing your child for hospital (8)**
206	F	Comment préparer l'enfant à l'hospitalisation
207	E	How to deal with destructive behaviour (8)**
207	F	Comment corriger un comportement destructif
208	E	Building your child's self-confidence (8)**
208	F	Comment aider votre enfant à acquérir plus de confiance en soi
209	E	Coping with the bed-wetting problem (8)**
209	F	Le problème de l'incontinence nocturne
210	E	A close look at development and discipline (8)**
210	F	Réflexions sur le développement et la discipline
211	E	Learning through play (8)**
211	F	L'apprentissage par le jeu

212	E	Helping a child cope with separation or divorce (8)**
212	F	Comment aider l'enfant à surmonter une séparation ou un divorce
213	E	Coping with a child's stuttering problem (8)**
213	F	Comment aider l'enfant qui begaie
214	E	Understanding and dealing with a child's illness (8)**
214	F	Comprendre et aider l'enfant malade
215	E	Helping a child to build a full life with one parent (8)**
215	F	Comment aider l'enfant qui a perdu un parent, à s'épanouir pleinement
216	E	How to deal with lying and stealing (8)**
216	F	Comment corriger l'enfant qui ment et qui vole
217	B	Let's talk about child safety
217		Propos sur la sécurité de l'enfant
218	E	Can I take this if I'm pregnant? An expectant mother's guide. (2)
218	F	Puis-je en prendre si je suis enceinte? Guide de la future maman.
219	E	Facts and fancy about: Birth Control, Sex Education and Family Planning. (2)
219	F	Propos sur la: regulation des naissances, l'éducation sexuelle et la planification familiale.
220	E	Drugs, alcohol, tobacco abuse during pregnancy (5)**
221	E	Recipe for healthy babies (5)**
222	E	Be good to your baby - Before it's born. (5)**
223	E	Fact sheets: Down Syndrome, Rubella, Clubfoot, Spina Bifida, Congenital Heart Defects, PKU, Cleft Lip and Palate, Polio, Thalassemia, Low Birthweight, Marfan Syndrome, Sickle Cell Anemia, Tay-Sacks (5)**
224	E	Good for you N.B. (Well Child Clinic) Poster (1)
224	F	Tant mieux pour vous N.-B. (Clinique de puériculture) Affiche
225	E	Can your baby hear?
225	F	Votre enfant entend-il bien?

ENVIRONMENT AND SANITATION
ENVIRONNEMENT ET SALUBRITE

301	B	Septic tank disposal systems (1) Système d'épuration des fosses septiques
303	E	Guidelines for food service personnel (1)
303	F	Directives pour le personnel du secteur alimentaire.
304	B	Summer food safety (1) Prévention des intoxications alimentaires estivales
305	E	Is there a patient in the house? (9)**
306	E	Keep single service sanitary. (9)**
307	E	A nice lady's revenge (9)**
308	E	Sanitation Follies II (9)**
309	E	Here's How. A guide to safe food service. (9)**
310	E	Handling poultry...safely (2)
310	F	La manipulation de la volaille...sécurité

COMMUNICABLE DISEASES
MALADIES CONTAGIEUSES

403	E	Common skin conditions (1)
403	F	Quelques maladies communes de la peau
404	B	Head Lice aren't nice (1) Les poux de tête, c'est pas chouette
405	B	School entry immunization requirements (Booklet) (1)
405		Exigences en matière d'immunisation pour l'entrée à l'école (Livret)
407	E	Information for parents on absorbed vaccines and infectious diseases. (10)
407	F	Renseignements à l'intention des parents sur les vaccins absorbés et les maladies infectieuses.
408	B	Some facts about herpes (10) Information sur l'herpes
410	B	Immunization: A Guide for International Travellers. 1985 (1) Supplement, malaria risk countries. Immunisation: Guide du voyageur internationnal, sppplément 1985, pays avec risque de paludisme.
411	E	Sexually transmitted diseases (5)**
412	B	Aids in Canada: What should you know (12) Le SIDA au Canada: ce que vous devriez savoir

SAFETY
SECURITE

501	B	Staying healthy in warm climates (13) Bonne santé dans les climats chauds
503	E	Poison prevention kit (2)
503	F	Empoisonnement accidentel
504	E	Is your child safe? (14)
504	F	Votre enfant est-il en securité?
507	B	Keep them safe! (15) Prenez en soin!

MISCELLANEOUS
DIVERS

601 E 1986 Calendar of Health Promotion Campaigns. (1)
601 F 1986 Calendrier des campagnes de promotion de la santé.

602 E Let's talk about insulin (10)

603 E Coping with growing older (8)**
603 F Faire face aux problèmes liés au vieillissement.

608 E When you are drinking for two! (7)
608 F Quand vous buvez pour deux!

609 E Back to basics (16)**
609 F L'essentiel des soins du dos.

611 E The medicine your doctor prescribes. (17)
611 F Les médicaments prescrits par votre médecin.

613 B Video display terminals (V.D.T.'s & V.D.U.'s) (1)
Terminaux de visualisation.

615 B Let's talk about drugs (2)
Propos sur les drogues

616 B Let's talk about alcohol (2)
Propos sur l'alcool

617 B Close-up on health (2)
Cible-Santé

618 B Let's talk about...Blood pressure (2)
Propos sur la tension artérielle

619 B Let's talk about...Falls & the elderly
Propos sur les chutes et les personnes âgées

620 E Good for you N.B. (Smoke Free) Poster (1)
620 F Tant mieux pour vous N.-B. (Vive l'Air Pur)
Affiche

621 E Am I an Exemplar (2)

FITNESS
CONDITION PHYSIQUE

800 E Good for you N.B. (Exercise) Poster (1)
800 F Tant mieux pour vous N.-B. (Exercise) Affiche

801 E Health & fitness (18)
801 F Santé et condition physique

802 E Fitness: questions and answers. (18)
802 F Condition physique: questions et réponses.

803 E Moving into the teens (18)
803 F Initation à l'adolescence

804 E Heart rate target zone (Poster) (18)
804 F Zone du rythme cardiaque visée (Affiche)

806 E Don't take it easy: Fitness for the older Canadian. (18)
806 F N'y allez pas lèntement: Le condition-nement physique.

812 E Surprising....What you don't know about fitness. (19)
812 F Surprenant...Ce que vous ne savez pas du bien être physique.

813 E Physical fitness....Who needs it? (18)
Votre prescription hepdomadaire d'activité physique

814 E Fitness and pregnancy (18)
814 F Conditionnement physique et grossesse.

815 E Aerobic fitness (18)
815 F Capacité aérobique

816 E Exercise at the office (18)
816 F L'exercise au bureau

818 E You and your heart rate (18)
818 F Votre rhythme cardiaque.

819 E Good for you N.B. (Senior & Fitness) Poster (1)
819 F Tant mieux pour vous N.-B. (Senior & Fitness) affiches

LITERATURE ORDER FORM

NAME_____ DATE_____

ADDRESS_____

_____

OCCUPATION_____ TEL._____

QUANTITY	TITLE

Requested on or before: / /

SEND TO:

Communication Services
P.O. Box 5100
3rd Floor, Carleton Place
Fredericton, N.B.
E3B 5G8

BON DE COMMANDE DE DOCUMENTATION

NOM_____ DATE_____

ADRESSE_____

_____

OCCUPATION_____ TÉL._____

QUANTITÉ	TITRE

Faire parvenir le ou avant: / /

ENVOYEZ À:

Services de communication
C.P. 5100
3e étage, Place Carleton
Fredericton, N.-B.
E3B 5G8

II - AUDIO-VISUAL RESOURCES

A) Slide-tape presentations, Filmstrips, Videotapes (1/2" Beta or 3/4"), excluding 16mm. films.

Requests for items on this resources list should be directed to the Communication Services office. Requests will be filled on a first come/first served basis and should be submitted sufficiently in advance of the desired date to allow for processing and shipping. Whenever possible, requests should indicate alternate dates and/or items. (Order Form at page 38)

B) 16mm Films.

Requests for these films should be directed to the Instructional Resources, Department of Education, P.O. Box 6000, Fredericton, N.B. E3B 5H1, Telephone: 453-2319. (See request Order Form at page 63)

* * * * * * *

II - MATERIEL AUDIO-VISUEL

A) Diaporamas, films fixes, vidéo-cassettes (1/2" Beta ou 3/4"), excluant les films 16mm.

Veuillez adresser vos demandes d'articles figurant sur cette liste au bureau des Services de communication. Les demandes seront remplies selon l'ordre de réception et elles doivent nous parvenir assez longtemps avant la date requise. Etant donné le délai qu'exigent le traitement et l'expédition de votre commande, veuillez indiquer des choix alternatifs quant aux articles demandés et aux dates requises.
(Bon de Commande à la page 39)

B) Films 16mm.

Veuillez adresser vos demandes pour ces films à: Ressources pédagogiques, Ministère de l'Education, C.P. 600Q, Fredericton, N.-B. E3B 5H1, Téléphone: 453-2319.
(Bon de Commande à la page 64)

A) AUDIO-VISUAL MATERIALS (Excluding 16mm films.)
MATERIAUX AUDIO-VISUELS (Films 16mm non-compris)

NUTRITION

A.V. 1 E — FOCUS ON HEALTH AND NUTRITION

A comprehensive health education curriculum guide for grades 9 - 12, soft cover, spiral bound, 114 pages. (1977)

A.V. 2 B — YOUR FOOD: CHANCE OR CHOICE?
VOTRE NOURRITURE: UNE CHANCE OU UN CHOIX
Tape-slide presentation (106 slides) and script. Examines teenagers' food choices and how to apply principles of decision making and nutrition knowledge to everyday food practice.

Diaporama (106 diapositives) avec texte. Donne un aperçu des choix à lesquels font face les adolescents vis-à-vis la nutrition, et leur expose des principes de base qui puissent leur servir au jour le jour.

A.V. 3 F — LE PETIT DÉJEUNER: OUI OU NON?

Distribution Multi-média Audiovisuel Inc. 1980
Diaporama. Document déclancheur réalisé pour des étudiants du secondaire sur les raisons motivant le fait qu'ils déjeuvent ou non, et sur l'importance physiologique et psychologique du petit déjeuner.

A.V. 4 B

FOOD MYSTIQUE
ALIMENTATION - DU VRAI OU DU MOINS VRAI

28 bilingual slides with English scripts. Suitable for teens and adults. Answers questions about food additives, nutrients added to foods, pesticides, "wonder" foods and federal government protective legislation.

28 diapositives bilingues avec texte anglais. S'adresse aux adolescents et aux adultes. Répond à certaines questions concernant les additifs alimentaires, les éléments nutritifs ajoutés aux aliments, les pesticides, les éléments "miracle" et les mesures de protection offertes par les lois fédérales.

A.V. 5 B

FOOD BUILDS YOU
LES ALIMENTS VOUS BATISSENT

49 slides with script and audio cassette in French and English. Suitable for teens and adults. Describes the function of food, sources of their essential nutrients and their relationship with maintaining proper weight. (1975)

49 dispositives avec texte anglais seulement et audio-cassette en français et en anglais. S'adresse aux adolescents et aux adultes. Décrit la fonction des ressources alimentaires et leurs principaux éléments nutritifs et leur rapport avec le maintien d'une poids normal. (1975)

A.V. 7 B

THE EXCHANGE WAY TO ADVENTURESOME EATING
LE SYSTEME D'ECHANGE: UNE AVENTURE CULINAIRE

43 slides with script and audio-cassette in English and French. Suitable for teens and adults interested in weight reduction and diet control.

43 diapositives avec texte et audio-cassettes en anglais et en français. S'adresse aux adolescents et aux adultes qui veulent maigrir ou exercer un contrôle sur leur régime alimentaire.

A.V. 9 E

HOW FOOD AFFECTS YOU

48 slides with script. Simplified presentation about nutrients, their food sources, and their effects.

A.V. 10 B

POULTRY PREPARATION
PRÉPARATION DE LA VOLAILLE

Tape-slide presentation with script. Program oriented towards homeowners outlining the safe-handling of poultry from date of purchase to preparation of leftovers. Emphasis on temperature control and dangers of cross-contamination.
N.B. Dept. of Health 1983.

Diaporama avec texte. Programme s'adressant aux consommateurs au sujet de la manutention de la volaille à partir de la date de l'achat jusqu'à la consommation finale. Démontre l'importance d'une température controlée et des dangers associés à la contamination. Ministère de la santé du N.-B. 1983.

A.V. 12 B

THE SNACKING MOUSE
LA SOURIE CASSE-LA-CROUTE

41 slides with English and French cassettes. In cartoon format, the story encourages primary-level children to choose snacks wisely.

41 diapositives en couleur avec audio-cassettes en anglais et en français. Format dessins animés. Le thème de ce diaporama vise à encourager les enfants du niveau primaire à choisir leurs casse-croutes de façon judicieuse.

A.V. 13 E

SNACKING MOUSE GOES TO SCHOOL

51 slides with English cassette. The continuing saga of a mouse with an insatiable appetite for sweets. French not available.

A.V. 14 E

NUTRITION AROUND THE CLOCK

Set of 5 filmstrips, 5 cassettes, 36 comic books (one title), 8 recipe cards, 10 spirit masters, 5 posters, teacher's guide.
A cartoon cast of mirthful birds show young students what constitutes a good breakfast, lunch and dinner. Because a major portion of your students's diets consist of snacks and fast-food meals, this program emphasizes healthy eating habits between meals and away from home.

A.V. 15 E

PRIMARY-GRADE NUTRITION EDUCATION SERIES

3 film-strips and cassette programs. "Break the Fast", "George Gorge and Nicky-Persnicky", and "The Nutrient Express".

A.V. 16 B

REGIONAL NUTRITION SERVICES
SERVICES DE NUTRITION REGIONAUX

66 slides. Shows the wide range of activities conducted by regional nutritionists in New Brunswick. Courtesy of Regional Nutritionist Bathurst.

66 diapositives. Montre la vaste gamme d'activités dirigées par des nutritionnistes régionales au Nouveau-Brunswick. Programme offert par la nutritionniste régionale de Bathurst.

A.V. 17 E

THE MATURING YEARS
LE TROISIEME AGE: QUELQUES CONSEILS EN ALIMENTATION

75 slides, cassette and script in English and French, and leader's guide. Provides advice about nutrition and the elderly.

75 diapositives, avec audio cassettes, scripte et guide en anglais et en français. Donne des conseils sur la nutrition chez les personnes âgées.

A.V. 18 E

GOOD FOOD - GOOD TIMES

4 filmstrips and cassettes. Grades Kindergarten - 3. To show youngsters the relationship between good food, physical activity and general well-being. To make them aware that healthy choices can lead to a better life - and more fun.

A.V. 18 F

J'MANGE BIEN. J'ME SENS BIEN.

Une série de quatre documents audio-visuels, (films et cassettes) pour faire acquérir de bonnes habitudes alimentaires aux enfants de 5 à 9 ans.

A.V. 19 E THE BASIC FOUR

Tape-slide presentations and Teacher/Leader guides, relating to the four basic food groups. 1)-The vegetable group - 66 slides. 2)-The meat group - 73 slides. 3)-The milk group - 73 slides. 4)-The bread and cereal group - 61 slides.

A.V. 20 E FOOD TO GROW ON: NUTRITION FROM NEWBORN THROUGH TEENS.

Tape-slide prsentations:
1) Nutrition begins when you do. 2) From toddler to twelve. 3) The teenager vs. nutrition. Approximately 12 mins. each focusing on a particular stage of a child's development and his/her nutritional needs.

A.V. 21 B THE NUTRITION CONNECTION
LE DOSSIER ALIMENTATION

Tape-slide presentation (English & French) produced for Health New Brunswick, showing the value of good nutrition in New Brunswick schools. Emphasis on nutrition for school children being everybody's responsibility. Role of the N.B. public health nutritionists in this area.

Diaporama (en anglais et en français) produit pour Santé Nouveau-Brunswick. Emphase sur le fait que la nutrition des élèves est la responsabilité de tout le monde. Le rôle des nutritionnistes de la Santé publique du N.-B. est aussi démontré.

A.V. 22 F JOYER GAGNANT

Diaporama produit par le Service audio-visuel de l'Hôpital Ste. Justine de Montrèal, traitant de l'alimentation et l'hygiène bucco-dentaire de la femme enceinte et du nourrisson.

A.V. 23 E THE SENIOR CHEF

"Set of 13 3/4" videos.

A.V. 24 B

SOUP'S ON
A TABLE

Tape-slide program without script. An independant senior changes his present eating habits after hearing good advise from his daughter. Provides good tips on nutrition for seniors. N.B. Dept. of Health 1982.

Diaporama sans texte. Une personne âgée vivant de façon indépendante change ses habitudes alimentaires suite à des conseils prodigués par sa fille. Ce programme présente d'excellentes suggestions pour les personnes âgées au sujet de leur nutrition. Ministère de la santé du N.-B. 1982.

A.V. 25 B

EATING IN A HURRY
MANGER À LA VITESSE

Tape-slide program with script. Shows the value of a good breakfast, the Canada Food Guide, the importance of nutrients vs junk food, and overall good food habits. N.B. Dept. of Health 1980.

Diaporama avec texte. Démontre la valeur de prendre un bon petit déjeuner, du Guide alimentaire canadien, ainsi que de l'importance d'élements nutritifs, et de conserver de bonnes habitudes alimentaires. Ministère de la santé du N.-B. 1980.

A.V. 26 E

YOUR HEALTH: IT'S YOUR RESPONSIBILITY

Three filmstrips, three cassettes, teacher's guide. Helps students determine their own levels of wellness and teachers methods of increasing wellness by changing habits and attitudes involving the body. Emphasizes that an individual's level of health is to a large degree his or her own responsibility.

A.V. 27 E NUTRITION AND EXERCISE

Two filmstrips, two cassettes, teacher's guide. Provides students with clear concise information on basic nutritional requirements and how to fulfill them sensibly. Emphasizes that staying healthy involves an intelligent balance of both diet and exercise. Shows students how to determine their individual energy needs and how to adopt their diets accordingly.

A.V. 28 E EATING ON THE RUN

Videotape, 1/2" Beta version of 16mm film No.203295 shows breakfasts, lunches and snacks that are nutritious, quick and easy to prepare.

A.V. 29 E WASTING AWAY: UNDERSTANDING ANOREXIA NERVOSA AND BULIMIA

Sound filmstrips program, 4 cassettes-filmstrip & program guide. Designed to provide education to youngsters who are in the at-risk age group for developing an eating disorder, and to encourage those who already have anorexia or bulimic symptoms to seek immediate help.

A.V. 30 E SALT: THE HIDDEN THREAT

Videotape 1/2" Beta, 21 minutes. The case against excess salt--sodium chloride--in our diets is accumulating steadily. Evidence suggests sodium is a factor in a serious disease, hypertension...also known as high blood pressure. There is a also concern about young people, because of their tendency to consume a lot of salt-heavy snack foods, thus possibly leading to a life-long salt habit. The film explores the common sources of sodium in our diets and offers suggestions for reducing it.

A.V. 31 F LA SURCONSOMMATION

Multimedia Audiovisuel Inc. Vidéocassette 1/2" Beta de la série "Salut Santé", 26 min. Que de choix, de variétés, de fantaisies, de modes. Mais tout cela est-il essentiel aux besoins de l'homme? Evitons le gaspillage et les caprices. Transportons-nous dans quelques centaines d'années afin d'analyser ce qui peut advenir de notre société de surconsommation.

SEX EDUCATION AND FAMILY PLANNING
EDUCATION SEXUELLE ET PLANIFICATION FAMILALE

A.V. 101 E SHALL WE HAVE A CHILD?

Set of 102 slides and audio tape, on both cassette and reel formats with accompanying user's guide.

A.V. 102 E STERILIZATION

Set of 34 slides with audio tape on both cassette and reel formats - with written user's guide.

A.V. 103 F LA NAISSANCE DE JULIE

Diaporama avec guide pédagogique. Un bébé, Julie, raconte aux enfants sa naissance. Elle explique successivement comment elle vivait dans le ventre de sa mamam, puis les différentes étapes qu'elle a franchies avant de naître. Elle parle de la vie intra-utérine, du foetus, de la naissance du bébé et de l'allaitement maternel.

A.V. 104 E TRAINEX KIT: FAMILY PLANNING & VENEREAL DISEASE

Filmstrips, records and user's guide. (1971)

A.V. 105 E YOU MAY BE THE ONLY ONE

Filmstrip, record and user's guide. Designed for public health nurses and other personnel who counsel clients about family planning. (1970)

A.V. 106 E LIVING AND GROWING

Filmstrips, cassettes, user's guide. Values and sexuality ages 5 - 7 and 8 - 9.

A.V. 106 F LA VIE QUI POUSSE

Films fixes, cassettes, guide de l'utilisateur. Valeurs et sexualité, 5 à 7 ans, et 8 à 9 ans.

A.V. 107 E A QUESTION OF VALUES

Filmstrips, cassettes, user's guide. Values and sexuality ages 16 and over.

A.V. 107 F POINTS DE VUE

Films fixes, cassettes, guide de l'utilisateur. Valeurs et sexualité - 16 ans et plus.

A.V. 108 E FACTS AND FEELINGS

Filmstrips, cassettes, user's guide. Values and sexuality - 10 to 16.

A.V. 108 F SAVOIR.....SENTIR

Films fixes, cassettes, guide de l'utilisateur. Valeurs et sexualité - 10 à 16 ans.

A.V. 109 E MEDIFACTS PATIENT EDUCATION SERIES

Audio cassettes and booklets on following topics: 1)-Talking about sex; 2)-Birth Control; 3)-Growing up; 4)-Blood Pressure; 5)-Your Heart & Heart Attacks; 6)-Teenage Drinking and Drugs.

A.V. 112 F JUDITH ET PIERRE

118 diapositives avec guide d'utilisation, présente une situation de rapprochement entre deux jeunes à travers des reflexions types; fait prendre conscience aux adolescents de la psychologie de l'autre. (1975)

A.V. 113 F PLUS CA CHANGE, PLUS C'EST PAREIL

137 diapositives, avec guide d'utilisation. Connaitre la position des jeunes, des parents et des intervenants face à la revendication des droits en matière de sexualité. (1979)

A.V. 114 F GRANDIR, CE N'EST PAS FACILE

107 diapositives - Tente de montrer les différents changements physiques, émotionnels et sociaux associés à la puberté.
On y comprend aussi, l'importance de la communication et de prendre des décisions de façon prudente, aussi bien que diverses méthodes de contraception.

A.V. 115 E SEXUALITY FROM BIRTH TO ADOLESCENCE

Video tape of an address given by Dr. Sylvia Hacker at the health services workshop held in May 1983 in P.E.I.

A.V. 116 E SEXUALITY ACROSS THE ADULT LIFE SPAN

Video tape of an address given by Dr. Judy Krupp at the health services workshop held in May 1983 in P.E.I.

A.V. 117 E IMPLEMENTING PROGRAMS AND BUILDING COMMUNITY SUPPORT

Two video tapes of addresses given by Dr. Ed Belzer at the health services workshop held in May 1983 in P.E.I.

A.V. 118 E THE HELPING PROFESSIONAL AND SEXUALITY.

Gender does make a difference in life adjustment and life change. Two video tapes of addresses given by Dr. Judy Krupp at the health services workshop held in May 1983 in P.E.I.

A.V. 119 E BIRTH TO ADOLESCENCE

Parenting needs and responsibilities.
Two video tapes of addresses given by Dr. Sylvia Hacker at the health services workshop held in May 1983 in P.E.I.

A.V. 120 E LOOKING GREAT, FEELING GREAT

Filmstrip & audio cassette addressing the issue of adolescents bearing the responsibility for personal grooming and hygiene. This program provides practical tips and back-up facts relating to skin care, hair care, general cleanliness, eating habits, mouth care, posture and exercise.

PRE-NATAL, MATERNAL AND CHILD HEALTH
HYGIENE PRENATALE, MATERNELLE ET INFANTILE

A.V. 200 E — BEST FOR BABY.....BEST FOR YOU

Set of 51 slides and cassette tape on the subject of breastfeeding. Produced by the La Leche League. (1974)

A.V. 201 E — TRAINEX KIT: Introduction to infant care; infant care-breastfeeding.

Filmstrips, records and user's guides.

A.V. 203 E — MORE THAN LOVE

Filmstrip, 18 min. cassette or record with script. Illustrates the benefits of good prenatal care from the moment of conception. Inappropriate for post-conception educational programs.

A.V. 204 E — THE BEGINNING OF LIFE

39 frame filmstrip with script. Suitable for teens and adults in prenatal classes. How a foetus develops before birth.

A.V. 205 B — INSIDE MY MOM
DANS LE VENTRE DE MAMAN

77 slides with audio-cassette. Nutrition approached as a basic element of life. Suitable for use with teens and adults in prenatal classes.

77 diapositives avec audio-cassette
La nutrition vue comme un élement de base dans la vie. Prépare les adolescents et les adultes qui suivent des cours pré-natals.

A.V. 206 E BIRTH CONTROL FOR THE POST PARTUM COUPLE

104 slides with audio-cassette. Information on contraception and birth control for new parents.

A.V. 206 F LES METHODES CONTRACEPTIVES POUR LES NOUVEAUX PARENTS

104 diapositives. Donne de l'information précise sur le sujet de la contraception et donne aussi de l'information sur la régulation des naissances pour les nouveaux-parents.

A.V. 207 E REACHING OUT: A PREGNANCY EDUCATION PROGRAM

PART 1: Early pregnancy - Tape-slide presentations dealing with:
1) Body changes; 2) Exercise and relaxation; 3) Health care; 4) Nutrition

A.V. 208 E REACHING OUT: A PREGNANCY EDUCATION PROGRAM

PART II: Preparation for childbirth - Tape slide presentations dealing with:
1) Labor and birth; 2) Breathing and comfort techniques; 3) Late pregnancy health care; 4) Possible problems; 5) Care of normal newborn; 6) Parenting.

A.V. 209 E NURSING ASSESSMENT OF THE INFANT

Four-part videotape program (1/2" Beta) of special interest to nurses who are new to community or public health programs, designed for individual or workshop use dealing with the technical and interpersonal skills required for assessing the health and well-being of infants. Instructional guide included.

A.V. 210 F IMAGINE UN PEU

Diaporama: 76 diapos. Couleur avec audiocassette (8 min.). Hôpital Ste-Justine, Service Audio-Visuel. 1978.

A.V. 211 E PRENATAL

1/2" Beta videocassette version of film No. 203298. See page 47.

A.V. 212 E LABOUR & DELIVERY

1/2" Beta videocassette version of film No. 203299. See page 48.

A.V. 213 E SPECIAL CASES

1/2" Beta videocassette version of film No. 203300. See page 49.

A.V. 214 E BEFORE PREGNANCY

1/2" Beta videocassette version of film No. 203297. See page 48.

A.V. 215 F AMOUR, EROTISME ET GROSSESSE

Diaporama qui engendre la discussion sur l'aspect du vécu erotique du couple durant la période de grossesse.

A.V. 216 E OUTSIDE MY MOM: STORY OF A BREAST-FED BABY

Tape slide program produced by the March of Dimes, Birth Defect Foundation. 10:37 minutes. A six month old infant shares his breast-feeding experience with the audience. Shows how mother and child adjust to their new life together and how breast-feeding becomes a natural part of their daily routine. Emphasis on the special closeness that is developed between mom and her infant.

A.V. 217 E YOUR BABY'S FIRST DAYS

1/2" Beta videocassette version of film No. 203497. See page 50.

A.V. 218 E LEARNING TO BREASTFEED

1/2" Beta videocassette version of film no. 203499. See page 49.

COMMUNICABLE DISEASES
MALADIES CONTAGIEUSES

A.V. 401 E — V.D. TEACHING KIT

Contains filmstrips, cassette, overhead transparencies, phonograph record, teacher's guide, and instruction booklets.

A.V. 402 E — VENEREAL DISEASE: WHAT I NEED TO KNOW

Set of 6 filmstrips and accompanying cassette tapes.
Topics are:
1. What is syphilis?
2. What is gonorrhea?
3. How is V.D. spread?
4. How is V.D. cured?
5. Name your contacts, and
6. The history of V.D.

Brief user's guide is also included.

A.V. 403 E — V.D. LEARNING MATERIALS

This teaching kit contains 5 film strips, record sets, program guides and wall-chart.

A.V. 404 E — THE FACTS ABOUT VENEREAL DISEASE

Color filmstrip. Presents basic information about syphilis and gonorrhea.

A.V. 404 F — QUE SAVEZ VOUS DES MALADIES VENERIENNES?

Film fixe en couleur. Des renseignements de base concernant la syphilis et la gonorrhée sont présentés.

A.V. 406 E HERPIE THE NEW V.D. AROUND TOWN

One filmstrip, with cassette and teacher's guide. Herpie, a cartoon character makes students aware of what genital herpes is, how it is transmitted and what can be done to minimize spread to others.

A.V. 407 E ALL ABOUT LICE

One filmstrip, with cassette and teacher's guide. Animated cartoon characters convey information about head lice infestation. Recommended for Grades K-8.

A.V. 408 E A.I.D.S.: A CHALLENGE TO HEALTH CARE PROFESSIONALS

Videocassette (1/2" Beta). The Acquired Immunodeficiency Syndrome poses two difficult challenges to health care workers: it's new, infectious, incurable and, so far, consistently fatal: on top of that, an epidemic of misinformation has made it hard to deal with the syndrome rationally and responsibly.

The tape provides clear, concise information and grapples with the problem of ethical responsibility. The program features a person with AIDS, physicians, nurses, a dentist, an epidemiologist, Red Cross and public health officials, a psychologist, and representatives of an AIDS community-support group.

A.V. 409 E A.I.D.S.: AFTER THE FEAR

Videocassette (1/2" Beta). Sensational media treatment and fear have made the Acquired Immunodeficiency Syndrome as much a social issue as a medical one.

With clear, accessible language and images, this tape speaks directly to both issues. It explains what the immune system does, how AIDS affects it, how the syndrome is transmitted, who has it, how public reactions to it compare with cholera panic a century ago, what risks there are for hemophiliacs and other recipients of blood and blood products, how AIDS affects the lives of people who have it, and what can be done about it, from the point of view of prevention, treatment and cure.

A.V. 410 E AIDS - WHAT YOU SHOULD KNOW

Videotape (1/2" Beta), 15 min. Dramatization followed by an interview with Dr. Jean Marie Dupuy, Director of the Research Center in Immunology at the Institut Armand-Frappier. Documentary answers some questions about AIDS.

A.V. 410 F SIDA - CE QU'IL FAUT SAVOIR

Videocassette 1/2" Beta, 15 min. Dramatique suivie d'un entretien avec le Docteur Jean-Marie Dupuy, Directeur du Centre de Recherche en Immunologie de l'Institut Armand-Frappier. Ce documentaire propose de répondre à certaines questions au sujet du SIDA.

A.V. 411 E UNDERSTANDING AIDS:

A Workshop for health professionals.
N.B. Dept. of Health, November 1985.

SAFETY
SECURITE

A.V. 501 E OUR POISON JUNGLE

Set of 44 slides, with two written scripts. Cartoon drawings are used to illustrate the message of the scripts, one of which is directed towards young children and the other towards parents, on the topic of prevention of accidental poisonings. Teaching ideas are also included.

A.V. 502 E THE HEIMLICH MANOEUVRE

33 slides with cassette and instructor's manual. Designed as a group teaching on the Heimlich method for aiding choking victims.

MISCELLANEOUS/DIVERS

A.V. 601 E GROWING STRAIGHTER AND STRONGER

National Scoliosis Foundation (U.S.A.)
1983 Slide/Tape program on scoliosis for the pre-screening education of students in Grades 5-9.

A.V. 602 E SMOKING: A RESEARCH UPDATE

2 filmstrips, 2 audiocassettes, teacher's guide. Alerts students to the latest research on the effects of tobacco smoking on health. Reports on new studies that link smoking directly to various forms of cancer, heart disease and other serious illnesses.

A.V. 603 E TIME TO QUIT

1984 Health & Welfare Canada. Tape/Slide presentation providing information on the series of three half-hour television shows concerning attitudes toward non-smoking and smoking. This community-based, multi-media smoking cessation program is directed to smokers who want to quit smoking and remain non-smokers.

A.V. 604 B SMOKING IN NEW BRUNSWICK
L'USAGE DU TABAC AU NOUVEAU-BRUNSWICK

Slide/Tape presentation designed to give an overview of the N.B. smoking problem to laymen and professionals alike. It contains statistics on this problem, outlines some of the health hazards facing smokers and people affected by smokers and identifies some cessation resources. Suitable target group: high school audiences.
1984 N.B. Dept. of Health

Diaporama donnant un aperçu du problème du tabagisme au N.-B., qui s'addresse aux professionels et au public. Présente des statistiques au sujet de l'ampleur du problème et démontre les effets néfastes à la santé pour les fumeurs et non-fumeurs. Offre des conseils sur la cessation. Groupe visé: étudiants d'école secondaire. 1984 Ministère de la santé du N.-B.

A.V. 605 E CANCER OF THE PROSTATE

Tape/Slide presentation showing results of a study done pursuant to a grant from the N.B. Dept. of Health Terry Fox Fund. Focuses on N.B. statistics relating to this type of cancer.

A.V. 606 E HOME CARE PROGRAM

3/4" videotape. The Home Care Program provides health services (nursing, nutrional counselling, physiotherapy) to residents of N.B. 65 years old or over in their own homes thus allowing seniors to be more independant and to take part in community life rather than being institutionalized.

A.V. 607 E AGING: THE CHALLENGE OF ADAPTING

1/2 Beta videotape.

A.V. 608 E CAUSES AND EFFECTS OF STROKE

Sister Kenny Institute (U.S.A.)
Slide/Tape presentation covering the underlying causes of stroke, the major physical, intellectual, communicative, and emotional effects and spontaneous recovery.
Full color, ten minutes.

A.V. 609 B COMMUNITY MENTAL HEALTH SERVICES
SERVICES D'HYGIENE MENTALE COMMUNAUTAIRES

1984 N.B. Dept. of Health Slide/Tape presentation giving an overview of the services rendered to N.B. residents by the professional staff of the Mental Health Clinics throughout the Province.

1984 Ministère de la santé du N.-B. Diaporama donnant un aperçu des services offerts aux résident(e)s du N.-B. par le personnel des cliniques de santé mentale à travers la province.

A.V. 610 E IN NEED OF SPECIAL ATTENTION

1/2" Beta videocassette starring Loretta Swit of the M.A.S.H. television series. A protocol for the identification and treatment of battered women. A multidisciplinary approach is required ie. the Physician, nurses, clerks & social workers working emergency department of hospitals. 1981

A.V. 611 E STRONG KIDS, SAFE KIDS

1/2" Beta videocassette starring Henry Wrinkler "The Fonz" of the television series Happy Days. Program developed to help parents teach their children about molestation or abduction. 43 minutes. 1984.

A.V. 612 E DIABETES CARE AT HOME

1/2" Beta videocassette produced by ACCESS Alberta. 3 parts: 1) Medication to feel your best; 2) The Eating Plan: It's Your Choice; 3) Take Care of Yourself. Designed to provide older patients with the information they need in dealing with the everyday problems associated with diabetes.

A.V. 612 F DIABETES CARE AT HOME (Français)

Vidéocassette 1/2" Beta realisé par ACCESS Alberta. Version français de A.V. 612 F.

A.V. 613 E SALMONELLA CONTROL IN THE POULTRY INDUSTRY

Videotape 1/2" Beta produced by Health & Welfare Canada, Health Protection Branch.

A.V. 613 F CONTRÔLE DE LA SALMONELLE DANS L'INDUSTRIE DE LA VOLAILLE.

Videocassette 1/2" Beta. Production de Santé et Bien-être Social Canada. Direction de la Protection de la santé.

A.V. 614 E STALKING THE SILENT THIEF

Videotape 1/2" Beta produced by the Osteoporosis Society of Canada.

A.V. 615 F LE MONDE EN FUMÉE

Multimédia Audiovisuel Inc. Vidéocassette 1/2" Beta de la série "Salut Santé".
Toute drogue, légale ou illégale, altère les fonctions de l'organisme. Au moment de l'adolescence, le corps est en pleine croissance. A cette période critique de développement, les drogues peuvent avoir des effets irréversibles.

A.V. 616 F TU CROIS, JE CROIS

Multimédia Audiovisuel Inc. Vidéocassette 1/2" Beta de la série "Salut Santé".
À la naissance, chacun hérite d'un bagage génétique particulier. Au cours de la croissance se manifestent les éléments positifs et négatifs de cet héritage. Pour vivre le mieux possible, il faut savoir gérer ce capital génétique: améliorer les points faibles, développer les points forts.

A.V. 617 F ATTENTION AUX AUTRES

Multimédia Audiovisuel Inc. Vidéocassette 1/2" Beta de la série "Salut Santé".
Apprendre à vivre avec les autres, c'est apprendre à les respecter et à s'entraider parce que, chacun, à son tour, influence la santé physique et mentale des autres.

PHYSICAL FITNESS
CONDITION PHYSIQUE

A.V. 801 E THE FIT KIT

Record and printed materials.
Designed as a simple method to test personal fitness level, this kit provides suggestions for maintaining or improving present fitness level.

A.V. 801 F LA PHYSI-TROUSSE

Disque et imprimés. Méthode simple pour tester le niveau de conditionnement physique et pour fournir des suggestions pour maintenir ou améliorer le niveau de conditionnement physique actuel.

A.V. 802 E YOU'VE GOT THE POWER!

Video cassette, 3/4" color, 16 min.
21 individual T.V. clips on Nutrition and Fitness.

A.V. 803 E AGING IN ACTION

1/2 Beta videotape & Teaching Manual.
Exercise & fitness program for adults 55 years and older. Produced by Baycrest Centre for Geriatric Care.

A.V. 804 E FITNESS AND YOU

Series of 3 1/2" Beta videotapes.
1) Never Too Young; 2) Don'T Take It Easy;
3) Fit To Last; produced by TV Ontario.

A.V. 805 E CIRCUIT TRAINING TO MUSIC
Fitness program containing audio cassette, exercise posters, station cards and teachers handbook to be used only by trained fitness instructors.

A.V. 806 E JOIN THE TRIM TEAM

Slides, script and handout material designed to raise teenagers' awareness of the need to develop good eating habits and exercise habits to prevent weight problems. Emphasis is on changing behaviour rather than teaching facts. Cling Peach Advisory Board of California 1980.

A.V. 807 F Dans Le Mouvement

Multimédia Audiovisuel Inc. Vidéocassette 1/2" Beta de la série "Salut Santé". 26 min. Le corps a besoin de mouvement: son énergie et sa force proviennent de l'exercise des muscles, de la circulation de l'air dans les poumons et du sang dans tout le corps, cerveau compris! Un corps en forme ne peut être qu'un corps actif.

AUDIO-VISUAL REQUEST ORDER FORM*

TO: Communication Services
P.O. Box 5100
3rd Floor, Carleton Place
Fredericton, N.B.
E3B 5G8

Please send me the following items for use on the dates indicated. Where possible, I have indicated alternate choices of items and dates.

PREFERRED ITEM (Cat. No. & Name)	ALTERNATE ITEM (Cat No. & Name)	PREFERRED DATE	ALTERNATE DATE

Name:_____

Address:_____

_____

Telephone:_____Postal Code_____

Date:_____

*
Excluding 16mm Film.

BON DE COMMANDE DE MATERIEL AUDIO-VISUEL*

DESTINATAIRE:

Services de communication
C.P. 5100
3e plancher, Place Carleton
Fredericton, N.-B.
E3B 5G8

Veuillez me faire parvenir les articles suivants pour les dates indiquées. Dans l'alternative, veuillez me faire parvenir les items suivants pour les dates indiquées.

PREMIER CHOIX (Numéro de catalogue & titre)	DEUXIÈME CHOIX (Numéro de catalogue & titre)	DATE REQUISE	DATE ACCEPTABLE

Nom:_____

Adresse:_____

_____

Téléphone:_____Code Postal_____

Date:_____

*
Excluant les films 16mm.

B) AUDIO-VISUAL MATERIAL: 16mm. FILMS
MATERIAUX AUDIO VISUELS: FILMS 16mm.

NUTRITION

203295 EATING ON THE RUN

Shows breakfasts, lunches and snacks that are nutritious, quick and easy to prepare.

203307 HOW A HAMBURGER TURNS INTO YOU

19 min. A 12 year old boy eats a hamburger and learns how he uses protein.

203717 WEIGHING THE CHOICES. POSITIVE APPROACHES TO NUTRITION.

20 mins. Film suggesting selection of some foods more often than others and staying away from diets high in fat, calories, cholesterol and sodium. Short and long term effects of making the right choices.

203475 THINK ABOUT IT

Film warning against food additives: ie. sugar and salt. Natural foods preferred to fatty foods. Bad eating habits lead to heart problems.

203442 APPLE A DAY ISN'T ENOUGH (AN)

Illustrates the importance of the well balanced diet in the attainment of health. Four basic groups are noted. The importance of an adequate water intake. Stimulating the appetite of an ill or convalescent person.

210977 BON APPETIT

Film nous apprend à connaître les bienfaits d'une alimentation saine, à nommer les quatre groupes alimentaires de base, à composer différents types de régimes alimentaires adaptés à des malades spécifiques, et, à nourrir un malade.

202987 THE REAL TALKING SINGING ACTION MOVIE

Movie about nutrition.

SEX EDUCATION AND FAMILY PLANNING
EDUCATION SEXUELLE ET PLANIFICATION FAMILIALE

202822 ABOUT CONCEPTION AND CONTRACEPTION

11 min., 12 sec. Animated drawings illustrate how conception occurs and the way that various birth control devices function in effecting contraception.

203471 AM I NORMAL

24 min. A situation comedy about the experiences boys go through during puberty.

202860 I'M SEVENTEEN AND I'M PREGNANT

A teenage girl faces the dilemma of unwed motherhood and the alternatives she must choose from.

202863 IT COULDN'T HAPPEN TO ME

25 min. A group of unwed mothers and a group of students discuss pre-marital sex. Three doctors are also interviewed.

202829 SEXUALITY AND COMMUNICATION, I & II

50 min. Role playing by the Chernicks to present problems and situations concerning sexuality in marriage.

203434 TEEN MOTHER

24 min. A story of coping; gives insight into the reality of a teen mother's life.

203435 TEENAGE FATHER

Presents the conflicts and stress involved with teenage pregnancy and explores the feelings of the teenage father during the decision making period of the pregnancy.

203297 BEFORE PREGNANCY

8 1/2 min. A discussion of the personal health needs of prospective parents.

102150 FREEDOM FROM PREGNANCY

An animated film describing tubal ligation and vasectomy.

102152 HAPPY FAMILY PLANNING

8 min. Animated, shows how contraceptive devices are utilized in family planning.

102149 FAMILY PLANNING

202833 METHODS OF FAMILY PLANNING

18 min. Clinic setting. Provides very precise information, re: medically recommended methods of family planning.

210989 METHODES (LES) DU PLANNING FAMILIAL

18 min. Des gens de différents groupes d'âge, de nationalité et de situation économique se rendent à un centre de planning familial et chez leur médecin pour en savoir davantage sur les méthodes de planning familial. La narration simple explique ce qu'est la reproduction et donne les renseignements précis sur les différentes méthodes.

202828 PLANNED FAMILIES

20 min. A film suitable for lay audiences which describes all the medically approved methods of birth control.

202830 PURPOSES OF FAMILY PLANNING

14 min. Demonstrates the social, economic, and emotional factors involved in the consideration of family planning for individual purposes.

202823 TO PLAN YOUR FAMILY

14 min. The various methods of contraception.

202893 NATURALLY.....A GIRL

13 min. Designed for girls 9 - 14. Presents a charming candid view of growing up as seen through the eyes of young girls themselves.

210783 NATURELLEMENT (UNE) FILLE

13 min. Destiné aux jeunes filles de 9 à 14 ans, ce film rempli de fraicheur et de spontanéité traite de divers aspects de la croissance, vus a travers les yeux des jeunes filles elles-mêmes.

203502 DEAR DIARY

A film destined to assist young female adolescents develop a healthy attitude about themselves, their bodies and their sexuality. (Companion film to: "Am I Normal?")

110626 L'AMOUR

11 min. Présente certaines questions d'intérêt pour les adolescents et les adultes afin d'initier une période de discussion ou chacun apporte une solution à un problème soulevé.

211014 SA RESPONSABILITE

Un garçon de 18 ans apprend que son amie est enceinte. Suite à des rencontres avec ses parents, un ami, un agence d'adoption, son amie et lui-même, il doit maintenant décider quelles sont ses responsabilités.

211073 ADOLESCENTE (L') ENCEINTE

Histoire d'une jeune fille qui découvre qu'elle est enceinte.

203724 FIRST THINGS.....FIRST

A narrative about two teenagers, Leslie and Rick, who are trying to decide whether their relationship should include sexual intercourse. The events in the film change both Rick and Leslie. Leslie becomes more assertive, discovering what she is comfortable dealing with and manages to let Rick know how she feels. Rick becomes more sensitive to Leslie's feelings. He realizes that their fighting about sex, breaking up briefly and being apart is "not worth it". He cares for Leslie too much. #30 minç

203740 FATHERS

What do today's fathers need? hope for? worry about? How do they feel about: pregnancy and childbirth? nurturing and showing affection? "masculine" behaviour? jobs vs. home life? changes in men's and womens' roles? their own fathers' examples? In this film, "fathers" were asked to share their innermost feelings about childbirth and parenthood. The result is a warm, revealing and sometimes astonishing film portrait of men breaking down the barriers to love and satisfaction in their lives. #26 min.ç

203751 TAKING CHANCES

A drama documentary that explains some of the reasons, often psychological ones, that underlie the non use of birth control among sexually active teenagers. Taking Chances stresses communication. It is designed as a catalyst for discussion and role playing sessions based on the values, attitudes, and teen sexual behaviour patterns, seen in this film. #22 minç

203747 GROWING UP FEMALE

The questions and concerns young girls have about growing up are frankly portrayed and candidly discussed in a combination of live-action photography and animation. Clearly explains the basic physiology of the female body and the processes of ovulation, menstruation, and pregnancy, while emphasizing wide variations in physical, social and emotional growth, and the right of each girl to develop at her own rate.

PRE-NATAL, MATERNAL AND CHILD HEALTH
HYGIENE PRENATALE, MATERNELLE ET INFANTILE

203781 ESSENTIAL EXERCISES FOR THE CHILDBEARING YEARS

20 min. Film explains a simple exercise program which can be begun either during pregnancy or soon after delivery. Recommended for use by childbirth educators, nursing staff and physical therapists.

203298 PRENATAL

How to prepare for childbirth. Importance of good nutrition, exercise and rest, posture, non-use of unprescribed medication. Shows advantage of attending prenatal classes (both spouses) especially on the question of breathing before and during delivery.

202832 STORY OF ERIC

Describes reasons for, and techniques of Lamaze training for childbirth.

203711 NAN'S CLASS

The Lamaze training for childbirth. Different techniques are seen through many different types of births. The role of the coach is also shown together with the importance of the parents being well prepared and in control in exercising their right to have their babies their way.

203591 PREGNANT FATHERS

A proposed childbirth, concentrating on the father's role in pregnancy and birth. Depicts living with a pregnant woman, understanding and sharing feelings of both the father and the mother to be.

110609 FUTURES MAMANS

12 min. Met l'accent sur l'importance de l'activité et du repos pendant le temps de la grossesse.

203780 ALL THE MORE SPECIAL

28 min. Film addressing the fundamental aspects of high risk pregnancy, sensitively balancing the family's anxiety with the medical facts.

202861 CHILD IS BORN, (A)

22 min. A Swedish film showing the reproduction process from conception to birth. An actual delivery sequence is shown.

202931 BECOMING

30 minutes. How birth fits into the total experience featuring mother, father and an older child. Shows cooperative labor and delivery, with emphasis on the support of husband and reactions of the mother to labor and delivery.

211075 POUR TOI

Illustration d'un accouchement bien préparé physiquement et psychologiquement et de la relation personnelle entre les futurs parents. Rôle de l'infirmière et du père lors du travail et de l'accouchement.

202933 CHALLENGE

20 min. Shows a nurse's workshop for physical and emotional support during labor.

203299 LABOR AND DELIVERY

A mother's labor and delivery are shown as well as the assistance and support her husband can provide.

203297 BEFORE PREGNANCY

1977, 9 minutes. Discusses the importance of having a baby as a result of a positive decision by both parents and raises questions that prospective parents must consider. Explains the necessity for a mother to have a thorough physical examination and discusses the components of a balanced diet. From the series "Pregnancy and Childbirth".

203795 UNDERSTANDING LABOR

11 minutes. Shows and explains what goes on during the course of labor and delivery. Gives guidelines for recognizing true labor, with descriptions of anatomical and physiological changes. Helps to prepare for and deal effectively with labor and delivery.

203300 SPECIAL CASES

12 minutes. Modern techniques which can assure safe childbirth are depicted.

203499 LEARNING TO BREASTFEED

22 min. Deals with initial nursing experiences and gives the practical information new mothers need at the very beginning of breastfeeding.

110710 PRATIQUE DE L'ALLAITEMENT (LA)

11 min. Discute l'anatomie des seins, les positions pour allaiter, comment massager les seins et les préparer pour l'allaitement.

202834 TALKING ABOUT BREASTFEEDING

17 min. A number of women discuss the benefits of breastfeeding. Discusses problems such as pressure from others, demands of a career, etc.....

203722 BREASTFEEDING: A PRACTICAL GUIDE
PART ONE - PREPARING FOR BREASTFEEDING

Topics covered are: How breastmilk is produced, How to prepare for nursing, Positions for nursing, How to attach and release the baby from the breast, How to avoid sore nipples and engorgement, Nutrition and Health for the pregnant mother, How to select a nursing bra, How a Cesarean birth affects the nursing mother, Breastfeeding and the hospital experience. 15 minutes long. Includes Teaching Manual.

203723 BREASTFEEDING: A PRACTICAL GUIDE
PART TWO - MANAGING BREASTFEEDING

Topics covered include: How to encourage the let-down reflex, how to treat leaking, sore nipples, engorgement, plugged ducts and breast infections, nutrition for the nursing mother, feeding schedules and growth spurts, how to express and store breastmilk, how to nurse discreetly in public, attitudes of men and women toward breasts and nursing, the mother's role, and the father's role. 15 min. Teaching manual included.

211131 DOUX PARTAGE (LE)

S'appuyant sur les données les plus récentes ce film explique les bienfaits de l'allaitment maternel et il examine les problèmes qui peuvent se présentés. Quelques mères et pères racontent leurs expériences et donnent leurs commentaires.

203498 ADAPTING TO PARENTHOOD

18 min. Couples with newborn babies discuss their experiences with additional comments by a paediatrician and a child psychiatrist.

202824 BABY'S FIRST FOUR MONTHS

18 min. A detailed account of the first four months at home; emphasizing emotional needs, and the importance of rest with exercise for both mother and child.

203497 YOUR BABY'S FIRST DAYS

21 mins. Aimed at helping new mothers understand and care for their newborn infants during the first few weeks when parenting patterns are formed.

210757 PREMIERS MOIS DE BEBE (LES)

18 min. Démontre les premiers mois à la maison, souligne les besoins, l'importance du repos et de l'exercise pour la mère et l'enfant.

211076 NOURRISON (LE)

18 min., 48 sec. A l'âge de quinze jours, la vie du nouveau-né dépend uniquement de sa bouche; c'est la phase buccale: à deux mois la peau se sensibilise: à quatre mois les yeux et l'ouie, et à six mois, c'est la découverte du monde extérieur.

211044 VOUS VOILA MAMAN

Comment la mère fait des ajustements à la maison pour le nouveau-né.

203782 THE TOUCH FILM

Dr. Jessie Potter, DHS, is one of the most popular lecturers today. Her subject is "touch" and its impact on our lives from birth to old age. Dr. Potter shows the emotional and physical benefits as well as consequences of lack of touch.

ENVIRONMENT AND SANITATION
ENVIRONNEMENT ET SALUBRITE

203615 SAFER PLACE TO EAT

15 minutes. A very practical film on the various dangers of food poisoning and contamination of food caused by myths held on shopping practices and food preparation. Shows many ways of preventing such contamination.

203276 HEALTHY POOL

19 minutes. The maintaining and servicing of commercial pools, both inside and around them.

COMMUNICABLE DISEASES
MALADIES CONTAGIEUSES

211013 UN DEMI-MILLION DE MOINS DE VINGT ANS

Ce film illustre l'apparition et le développement de: la gonorrhée, la syphilis.

202513 V.D. - NAME YOUR CONTACTS

22 min. Underlines the importance and necessity in naming your contacts when seeking treatment of V.D.

203472 V.D. - AND WOMEN

Explains the situations in which V.D. is transmitted; specifically describes the symptoms of herpes, gonorrhea and syphylis and guides the viewer towards effective treatment.

102148 V.D. - PREVENT IT

11 min. Demonstrates that V.D. is easily prevented. It discusses the types of venereal diseases, their long range effects if untreated, and specific precautions to take.

202837 V.D. - EVERY THIRTY SECONDS

17 min. (French & English)
The discussion between a 14 year old girl recovering from a gonorrhea infection and an intern on V.D. - its symptoms and treatment.

202836 V.D. - KIDS GET IT TOO

202826 V.D. - ATTACK PLAN

16 min. A creative approach to education on V.D.

210754 MALADIES VENERIENNES - NOMMEZ LA PERSONNE

22 min. Le film s'arrête sur la vitalité de la jeunesse et les moyens de la préserver On demande donc de nommer la personne qui aurait transmis la maladie vénérienne. En voulant protéger un ami, on peut ruiner sa vie.

110610 PLUS COMMUNES QUE LA ROUGEOLE OU LES OREILLONS

11 min. Animé. Age 10 - 14 ans. Pour être utilisé par les enseignants comme moyen de discussion sur le sujet des maladies vénériennes.

102151 MORE COMMON THAN MEASLES AND MUMPS

11 min. This animated cartoon is designed for children ten to fourteen years of age, to be used by the school teacher as a means of initiating discussion on the subject of V.D.

203338 GIFT, (A) , AN OBLIGATION

28 min. Offers insight into childhood diseases, their dangers and the need for immunization.

210878 IL NE SUFFIT PAS DE LES AIMER

Conçu pour renseigner le public sur la gravité des maladies de l'enfance et pour inciter les parents à faire immuniser leurs enfants.

202827 RABIES IN YOUR COMMUNITY

18 min. (B/W) Shows what happened in a northern Canadian community where rabies were brought in by a rabid fox. How the veterinarian dealt with the problem alerting the citizens and organizing a dog vaccination clinic.

210756 LA RAGE DANS VOTRE LOCALITE

18 min. N/B Démontre comment un vétérinaire a agit avec le problème de la rage, en avertissant le public et en organisant une clinique de vaccination pour les chiens.

210980 VAUT MIEUX PREVENIR

Comment dresser un programme d'immunisation de l'enfance jusqu'à la vieillesse; recourir aux méthodes préventives les plus éfficaces contre la prolifération des microbes dans la chambre d'un malade.

203778 HEADLICE: SYNDROME, SCIENCE, SOLUTION

14 min. Covers every aspect of pediculosis and its treatment.

SAFETY
SECURITE

203657 LIFE IS PRECIOUS - BUCKLE THEM IN

14 min. It explains the four stages in a child's life where special protection is needed in a car. These stages are: the fetus, the newborn, the toddler and the preschooler.

211080 LIFE IS PRECIOUS
BUCKLE THEM IN - French Version

14 min. Explique les stages dans la vie d'un enfant ou la protection est essentielle dans un automobile. Ces quatres stages sont: le foetus, le nouveau-né le tout-petit et le pré-scolaire.

210758 SECOURIR C'EST

16 min. Démontre les techniques à appliquer en cas d'accidents sur la route.

MISCELLANEOUS
DIVERS

203437 HAPPINESS IS HEALTH

203438 ILLNESS IS A FAMILY AFFAIR

Unit 2. Defines illness and its effect on the family unit, including the factors that determine whether or not an individual can be cared for in the home.

210979 MALADIE (LA) EST UNE AFFAIRE DE FAMILLE

Les conséquences possibles de la maladie sur la vie familiale; les dispositions à prendre pour assurer tout le confort nécessaire au malade.

203440 LOOK, LISTEN AND COUNT

Unit 4. Shows how one should record the physical and emotional state of the care receiver, and those elements which must be reported to the health care professional - physician, registered nurse and social worker - on a specific case.

210981 ECOUTEZ! OBSERVEZ ET NOTEZ

Démontre l'importance de l'observation dans les soins du malade, d'énumérer les choses qu'il faut particulièrement observer quand on s'occupe d'un malade et d'informer le médecin des observations ainsi consignées

203441 AGES AND STAGES IN ILLNESS.

Unit 5. Introduces people in different age groups It shows that growth and development, both emotional and physical are continuing processes from birth to death. It also highlights the physical and emotional changes which accompany aging.

210976 ETAPES DE LA VIE

Démontre comment satisfaire les besoins physiques et psychologiques d'une personne à tout âge de sa vie, et comment expliquer en quoi consiste le processus du vieillissement.

203443 WALKING AND OTHER TRIUMPHS

Unit 7. Deals with physical tasks relating to body mechanics. It discusses good posture and ways to assist an ill or convalescent person to move about, without unnecessary strain on either the care giver or the care receiver.

210982 MARCHE (LA) ET AUTRES ACTIVITES

Exécuter les bons mouvements favorise les bonnes postures; forcer sans faire d'effort musculaire inutile; et aider sans effort un malade à quitter son lit ou son fauteuil roulant.

203444 LITTLE THINGS MEAN A LOT.

Unit 8. Concentrates on the correct way to give an ill/convalescent person a bedpan and/or urinal in bed, how to assist with a bed bath, tub bath or shower, and what measures are to be taken if there is incontinence.

210983 MEME LES PETITES CHOSES SONT IMPORTANTES

Comment présenter un bassin ou un urinal au malade alité; mettre en application les étapes à suivre pour donner un bain; les pratiques à suivre pour aider le malade à prendre un bain ou une douche; et comment administrer au malade incontinent les soins nécessaires.

203445 IT'S ALL IN KNOWING HOW

Unit 9. 13 1/2 minutes. The story of a lad who has become careless about his living and eating habits.

203446 COMFORTING THOUGHTS

Unit 10
Describes ways to keep an ill or convalescent person most comfortable. Included are essentials of positioning and active and passive exercises.

210985 DES PETITS SOINS QUI FONT GRAND BIEN

Démontre de reconnaître et de choisir les moments les plus propices à l'exercise pour le malade ou le convalescent.

203447 GIVE AS DIRECTED

Unit 11. Gives a comprehensive look at medication; the five "rights" - the right person, medication, amount, time and method - whether by pill, liquid or dropper.

210985 TEL QUE PRESCRIT

Démontre quelques principe de sécurité relatifs à l'administration des médicaments; respecter les cinq règles essentielles dans l'administration des médicaments; donner au malade des médicaments sous forme de comprimés, de liquides ou de gouttes.

203448 ONE STEP MORE

Unit 12. Is concerned with special treatment requirements; how to give an enema, effects of heat or cold on the body, how to apply a hot water bag or a cold pack, how to change a simple dressing.

210987 UN PAS DE PLUS

Comment expliquer les vertus thérapeutiques du froid et de la chaleur utilisées comme traitements; se servir d'une bouillotte (sac d'eau chaude) et d'un sac de glace; de changer un pansement simple.

210759 SOINS INFIRMIERS MECHANIQUES DU MOUVEMENT INFIRMIER

13 min. Ce film démontre la base de support du corps montrant les moyens les plus éfficaces d'utiliser les muscles.

210978 HEUREUX D'ETRE EN SANTE

Décrit les caractéristiques de la santé physique et emotive et aussi les règles à suivre pour se garder en bonne santé émotive et physique.

202831 BEING

Deals with the handicapped and their ever constant wish to be perceived as a normal person with normal feelings.

203721 BACK FACTS

15 min. Explains some of the basic causes of back problems and shows ways they can be prevented. Simple preventative exercises are demonstrated, and the importance of recognizing one's own physical limits is stressed.

203718 DANGER ZONE - YOUR BACK

19 min. Focuses on one of business' and industry's most critical problem - back injuries. The film is directed towards the attitudes of employees, forcing them to recognize lifting, carrying and pushing-pulling tasks as threats to the back. Examples included to challenge viewers to learn the concepts rather than the specific task depicted.

203466 TEETH ARE GOOD THINGS TO HAVE

13 min. The necessity of a personal in-home program of oral hygiene through the daily routine of flossing and brushing.

203716 TO YOUR HEART'S CONTENT

Stresses the importance of choosing to fit fitness into our lives. Features people of all ages and backgrounds scheduling a regular time of their day for physical activity. How to stick with it is stressed. 26 min.

203710 RUN DON'T WALK!

Swimmers, joggers, paddle tennis players, and gymnasts - ranging from 40 - 87 years old - enthusiastically describe the physical and mental benefits they derive from physical fitness. 17 minutes.

203713 TAKING IT IN STRIDE

Focuses on the solutions and skills for coping with stress. Humourous metaphors for the pressures of daily life, have an uplifting effect. The message is balanced between training to adapt to stress and learning to uncomplicate your life.

203748 250,000 WAYS TO DESTROY A CHILD'S LIFE WITHOUT LEAVING HOME.

15 minutes. Film discusses prevention of accidental poisonings of infants and children. Viewers are made aware of the variety of common household hazards present in every home, and are made poison conscious persons capable of preventing needless accidental poisonings. Teacher's Guide included.

203662 I'M SORRY BABY

25 min. Wherever there is a smoker there may be unwilling "smokers" especially in the case of unborn infants or small children who have no chance to object. This story is told graphically on film from before birth, right through life, until the child becomes a grown woman and is deprived of her mother because of smoking's effects.

211082 I'M SORRY BABY (Francais)

25 min. Ou il y'a un fumeur il y a aussi des fumeurs involontaires en particulier les enfants pas encore nés et les jeunes enfants qui ne peuvent pas s'y opposer. Ce film est l'histoire d'une fille qui éventuellement perd sa mère à cause que celle-ci fumait.

202846 ST. MARY'S PRIORY

This film shows the Priory method used at the Lawford clinic in British Columbia whose main feature is extended care remotivation. Orientation is towards treatment of the whole person rather than acute care treatment alone. Exercise with a purpose, pride towards patients' appearances and participation (arts & crafts, social activities) are steps towards independance for institutionalized patients. (Nursing homes, hospitals, etc.....)

210984 C'EST SIMPLE QUAND ON SAIT S'Y PRENDRE

De la série "La santé est une affaire de famille" ce film soulève la question de bonnes habitudes d'hygiène dentaire et sur les soins à porter aux cheveux d'un malade alité.

203663 I AM JOE'S HEART

The film follows Joe, a businessman, through the daily routine, emphasizing the beating his heart takes through neglect and abuse. It stresses the importance of regular checkups, proper diet and relaxation in maintaining a healthy heart.

210958 I AM JOE'S HEART (French)

Dans ce film nous suivons Joe, un homme d'affaire, dans sa vie quotidiemme, alors, qu'il malmène son coeur à cause d'abus et de négligence. L'importance d'un examen médical régulier, d'une alimentation saine et de la relaxation pour maintenir son coeur en bonne forme.

203664 I AM JOE'S LUNG

The lung in many ways is the most vulnerable organ of the human body. This film is an inside view of an average adult lung that shows what happens under mormal conditions and why smog, dust and smoke can literally take your breath away.

210957 I AM JOE'S LUNG (French)

Ce film démontre la vulnérabilité des poumons et donne un aperçu de leur fonctionnement ainsi que des problémes causés par la poussière, la fumée et la pollution de l'air.

203661 FEMININE (THE) MISTAKE

25 min. The number of women who smoke cigarettes has increased dramatically in the last few years. This film takes a realistic look at what happens to women who smoke.

211083 FEMININE (THE) MISTAKE (French)

Ce film démontre l'effet du tabagisme chez les femmes à la lumière des statistiques démontrant l'augmentation significative de femmes qui ont adopté cette habitude durant les dernières années.

AUDIO-VISUAL REQUEST ORDER FORM**

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Fredericton, N.B.
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16 mm. Films

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Films 16 mm.

SOURCES OF HEALTH EDUCATION MATERIALS IN NEW BRUNSWICK

SOURCES DE DOCUMENTATION SUR L'EDUCATION SANTE AU NOUVEAU-BRUNSWICK

Dalhousie

Huntington Society of Canada
145 Neilson Street, A-16
Dalhousie, N.B. E0K 1B0
684-3131

Fredericton

Alcoholism & Drug Dependency Commission
P.O. Box 6000
Fredericton, N.B. E3B 5H1
453-2136

Canadian Association for the Mentally Retarded
New Brunswick Division
86 York Street
Fredericton, N.B. E3B 3N5
454-6967

CNIB Provincial Office
123 York Street
Suite A
Fredericton, N.B. E3B 1N6
455-7181

Nutrition Services
Department of Health & Community Services
4th Floor, Carleton Place
Fredericton, N.B. E3B 1E6
453-2380

Kidney Foundation of Canada
N.B. Division
Victoria Health Centre
65 Brunswick Street, Rm. 218
Fredericton, N.B. E3B 1G5
454-6690

The Arthritis Society
New Brunswick Division
65 Brunswick Street
Fredericton, N.B. E3B 1G5
454-6114

Canadian Diabetes Association
New Brunswick Division
259 Brunswick Street
Fredericton, N.B. E3B 1G8
454-7118

Canadian Paraplegic Assoc.
New Brunswick Division
65 Brunswick Street
Fredericton, N.B. E3B 1G5
455-9607

N.B. Safety Council
151 Brunswick Street
Fredericton, N.B. E3B 1G7
454-3555

St. John Ambulance Assoc.
P.O. Box 3337
Station "B"
Fredericton, N.B. E3A 5H1
472-1012

Planned Parenthood (N.B.) Inc.
Victoria Health Centre
65 Brunswick Street
Fredericton, N.B. E3B 1G5
454-1808

Coordinator of Environmental Information
Dept. of the Environment
P.O. Box 6000
Fredericton, N.B. E3B 5H1
453-3700

Department of Tourism, R.& H.
Field Operations Branch
P.O. Box 12345
Fredericton, N.B. E3B 5C3
453-2509

Occupational Health & Safety Commission
500 Beaverbrook Court
Fredericton, N.B. E3B 5X4
453-2467

Department of Education
Audio-Visual Services
P.O. Box 6000
Fredericton, N.B. E3B 5H1
453-2319

Department of Education
Pupil Personnel Services Branch
P.O. Box 6000
Fredericton, N.B. E3B 5H1
453-2242

Dept. of Agriculture
P.O. Box 6000
Fredericton, N.B.
E3B 5H1
453-2666

Department of Tourism, Recreation & Heritage
Fitness Coordinator
P.O. Box 6000
Fredericton, N.B. E3B 5H1
453-2312

Provincial Fire Marshall's
Dept. of Labour
P.O. Box 6000
Fredericton, N.B. E3B 5H1
453-2134

Atlantic Cerebral Palsy Association
24 Bristol Street
Fredericton, N.B. E3B 4W3
454-2804

Dept. of Income Assistance
P.O. Box 6000
Fredericton, N.B. E3B 5H1
453-2041

La Leche League
Area Professional Liason Leaders (No active group at this time)
Contact in Fredericton area
Mrs. Leslie Menzies 357-5565
Mrs. Yolande LeBlanc 454-7029

Canadian Rehabilitation Council for the Disabled
N.B. Branch
65 Brunswick Street
Fredericton, NB E3B 1G5
454-5990

Dental Health Services
Department of Health & Community Services
P.O. Box 6000
Fredericton, N.B. E3B 5H1
453-2829

Emergency Health Services
Emergency Measures Organization
Dept. of Municipal Affairs &
Environment, Box 6000
Fredericton, N.B. E3B 5H1
453-2133

N.B. Department of Health &
Community Services
Mental Health Services
P.O. Box 6000
Fredericton, N.B. E3B 5H1
453-2389

Dept. of Transportation
Driver Licensing Section
P.O. Box 6000
Fredericton, N.B. E3B 5H1
453-2352

Consumer & Corporate Affairs
Federal Building, 2nd Floor
633 Queen Street
Fredericton, N.B. E3B 1C3
452-3040

New Brunswick Hospital Assoc.
861 Woodstock Road
P.O. Box 1418
Fredericton, N.B. E3B 5E3
455-8626

Mental Health - New Brunswick
43 Brunswick Street, Rm. 214
Fredericton, N.B. E3B 1G5
455-5231

N.B. Lung Association
Victoria Health Centre
65 Brunswick Street
Fredericton, N.B. E3B 1G5
455-8961

Moncton

Multiple Sclerosis Soc.
of Canada
Atlantic Division
272 St. George Street
Moncton, N.B. E1C 1W6
855-2718

N.B. Council on Smoking
and Health
329 Collishaw Street
P.O. Box 2516, Station "A"
Moncton, N.B. E1C 6Z5
858-2672

Amyotrophic Lateral Sclerosis Society of Canada
New Brunswick Chapter
Box 295
Moncton, NB
E1C 8K9
855-1239

Saint John

N.B. Heart Foundation
28 Germain Street
Saint John, N.B. E2L 2E5
657-2062

Provincial Director
Red Cross-Royal Life Water
Safety Services
P.O. Box 39
Saint John, N.B. E2L 3X3
657-6500

Canadian Cancer Society
New Brunswick Division
P.O. Box 2089
Saint John, N.B. E2L 3T5
652-7600

Health & Welfare Canada
Health Protection Branch
Box 6396, Station "A"
Saint John, N.B. E2L 4L9
648-4860

Canadian Red Cross Society
New Brunswick Division
P.O. Box 39
Saint John, NB E2L 3X3

Canadian Cystic Fibrosis
Foundation
Saint John (N.B.) Chap.
P.O. Box 53
Saint John, N.B. E2L 3X1
696-4087

National Film Board
1 Market Square
Saint John, N.B. E2L 1E7
658-4996

Sussex

N.B. Milk Marketing Board
P.O. Box 490
Sussex, N.B. E0E 1P0
433-1775

Woodstock

Canadian Hemophilia Society
of New Brunswick
P.O. Box 1555
Woodstock, N.B. E0J 2B0
328-8944

SOURCES OF HEALTH EDUCATION MATERIALS OUTSIDE NEW BRUNSWICK

SOURCES DE DOCUMENTATION SUR L'EDUCATION SANTE HORS NOUVEAU-BRUNSWICK

The Canadian Foundation
For The Study of
Infant Deaths (SIDS)
586 Eglinton East
Toronto, Ontario M4P 1P2
(416) 488-3260

Muscular Dystrophy Assoc
74 Victoria Street, Suite 1014
Toronto, Ontario M5C 2A5
(416) 364-9079

Canadian Epilepsy Assoc.
1195 West 8th Avenue
Vancouver, B.C. V6H 1C5

National Reye's Syndrome
Foundation
509 Rosemont
Bryan, Ohio
U.S.A. 43506

The Migraine Foundation
390 Brunswick Avenue
Toronto, Ontario M5R 2Z4
(416) 920-4916

Lupus Foundation of Ontario
289 Ridge Rd. N, P.O. Box 687
Ridgeway, Ontario LOS 1NO
(416) 894-4611

Alzheimer Society
491 Lawrence Ave., West
Suite 501
Toronto, Ontario
M5M 1C7
(416) 789-0503

COMMUNITY HEALTH REGIONAL OFFICES *

REGION 1

MONCTON:	770 Main Street, 6th Floor, Assumption Bldg. Box 5001, Moncton, N.B. E1C 8R3	858-2575
SHEDIAC:	P.O. Box 1087, Shediac Shopping Mall Shediac, N.B. E0A 3G0	532-2185
RICHIBUCTO:	P.O. Box 5001 Richibucto (Newstart Bldg.) Richibucto, N.B. E0A 2M0	523-9166
SACKVILLE:	P.O. Box 5001 West Main Street Sackville, N.B. E0A 3C0	536-2351

REGION 2

SAINT JOHN:	P.O. Box 93 157 Duke Street Saint John, N.B. E2L 3X1	658-2454
SUSSEX:	P.O. Box 5001 Sussex Health Centre Sussex, N.B. E0E 1P0	433-4205
ST. STEPHEN:	P.O. Box 5001 268 Milltown Boulevard St. Stephen, N.B. E3L 2X4	466-1402
GRAND MANAN:	Grand Harbour Grand Manan, N.B. E0G 1X0	662-3242
HAMPTON:	c/o Dr. Robb Memorial Health Services Centre P.O. Box 572 Hampton, N.B. E0G 1Z0	832-5180

* Public Health offices under former Dept. of Health. Does not yet include Community Social Services offices under former Dept. of Social Services.

REGION 3

FREDERICTON:	P.O. Box 5001 300 St. Mary's Street Fredericton, N.B. E3B 5H1	453-2825
WOODSTOCK:	P.O. Box 5001 King Street Bicentennial Place Woodstock, N.B. E0J 2B0	328-9966
PERTH:	Box 217 Main Street Perth, N.B. E0J 1V0	273-2229
PLASTER ROCK:	c/o Tobique Valley Hospital Plaster Rock, N.B. E0J 1W0	356-8866
BOIESTOWN:	P.O. Box 93 Boiestown, N.B. E0H 1A0	369-2450
CHIPMAN:	P.O. Box 280 Chipman Health Centre Chipman, N.B. E0E 1C0	339-6661

REGION 4

EDMUNDSTON:	P.O. Box 5001 121 Church Street Edmundston, N.B. E3V 1J9	739-9588
GRAND FALLS:	P.O. Box 5001 141 Court Street Grand Falls, N.B. E0J 1M0	473-3774
KEDGWICK:	P.O. Box 158 Notre Dame St. Kedgwick, N.B. E0K 1C0	284-2803

REGION 5

CAMPBELLTON:	P.O. Box 5001 157 Water Street Campbellton, N.B. E3N 3H5	753-7738
JACKET RIVER:	P.O. Box 7 Jacket River, N.B. E0B 1T0	237-2215

REGION 6

BATHURST:	350 St. George Street Bathurst, N.B. E2A 1B9	548-3313
TRACADIE:	P.O. Box 388 Provincial Building Tracadie, N.B. E0C 2B0	395-3341
CARAQUET:	P.O. Box 1147 111 St. Pierre East Blvd. Caraquet, N.B. E0B 1K0	727-3483
LAMEQUE:	Hopital de Lameque Lameque, N.B. E0B 1V0	344-8822

REGION 7

CHATHAM:	P.O. Box 5001 53 Lobban Avenue Chatham, N.B. E1N 3A8	773-5862

BUREAUX DE SANTÉ COMMUNAUTAIRE RÉGIONAUX *

REGION 1

MONCTON:	Boîte 5001, 770 rue Main, 6e étage, Place Assomption, Moncton, N.-B. E1C 8R3	858-2575
SHEDIAC:	C.P. 1087, Carrefour Centre-Ville, Shediac, N.-B. E0A 3G0	532-2185
RICHIBUCTO:	C.P. 5001, Edifice Newstart, Richibucto, N.-B. E0A 2M0	523-9166
SACKVILLE:	C.P. 5001, rue Main ouest, Sackville, N.-B. E0A 3C0	536-2351

REGION 2

SAINT JEAN:	C.P. 93, 157 rue Duke, Saint John, N.-B. E2L 3X1	658-2454
SUSSEX:	C.P. 5001, Centre Médical, Sussex, N.-B. E0E 1P0	433-4205
ST. STEPHEN	C.P. 5001, boul. Milltown, St. Stephen, N.-B. E3L 2X4	466-1402
GRAND MANAN:	Grand Harbour Grand Manan, N.-B. E0G 1X0	662-3242
HAMPTON:	Dr. Robb Medical Centre C.P. 572, Hampton, N.-B. E0G 1Z0	832-5180

* Bureaux de santé publique sous l'ancien ministère de la Santé. Ne comprend pas les bureaux des services communautaires de l'ancien ministère des Services sociaux.

REGION 3

FREDERICTON:	C.P. 5001, 300 rue St. Mary's, Fredericton, N.-B. E3B 5H1	453-2825
WOODSTOCK:	Boîte 5001, rue King, Woodstock, N.-B. E0J 2B0	328-9966
PERTH:	Boîte 217, rue Main, Perth, N.-B. E0J 1V0	273-2229
PLASTER ROCK:	c/o Hôpital Tobique Valley, Plaster Rock, N.-B. E0J 1W0	
BOIESTOWN:	C.P. 93 Boiestown, N.-B. E0H 1A0	369-2450
CHIPMAN:	C.P. 280, Chipman Medical Centre Chipman, N.-B. E0E 1C0	339-6661

REGION 4

EDMUNDSTON:	C.P. 5001, 121 rue de l'Eglise, Edmundston, N.-B. E3V 1J9	739-9588
GRAND FALLS:	C.P. 5001, 141 rue Court, Grand Sault, N.-B. E0J 1M0	473-2803
KEDGWICK:	C.P. 158, rue, Notre Dame Kedgwick, N.-B. E0K 1C0	284-2803

REGION 5

CAMPBELLTON:	C.P. 5001, 151 rue Water, Campbellton, N.-B. E3N 3H5	753-7738
JACKET RIVER:	C.P. 7, Jacket River, N.-B. E0B 1T0	237-2215

REGION 6

BATHURST:	350 rue St. George, Bathurst, N.-B. E2A 1B9	548-3313
TRACADIE:	C.P. 388, Edifice Provincial, Tracadie, N.-B. E0C 2B0	395-3341
CARAQUET:	C.P. 1147, 111 boul. St. Pierre Est, Caraquet, N.-B. E0B 1K0	727-3483
LAMEQUE:	Hôpital de Lameque, Lamèque, N.-B. E0B 1V0	344-8822

REGION 7

CHATHAM:	C.P. 5001, 53 avenue Lobban, Chatham, N.-B. E1N 3A8	773-5862

PUBLICATIONS' SOURCES
SOURCES DES PUBLICATIONS

1. N.B. Department of Health & Community Services
Communication Services, Box 5100
Fredericton, N.B.
E3B 5G8
453-2536

Ministère de la santé et des Services communautaires
Services de communication
C.P. 5100, Fredericton, N.-B.
E3B 5G8
453-2536

2. Health & Welfare Canada
Health Promotion Directorate
Publications
Ottawa, Ontario
K1A 1B4
(613) 990-7862

Santé et bien-Etre Social Canada
Direction de la promotion de la Santé
Publications
Ottawa, Ontario K1A 1B4
(613) 990-7862

3. Planned Parenthood New Brunswick
Victoria Health Centre
65 Brunswick Street
Fredericton, NB
E3B 1G5
454-1808

La Fédération du Nouveau-Brunswick pour le planning des naissances
Centre de santé Victoria
65, rue Brunswick
Fredericton, N.-B.
E3B 1G5
454-1808

4. Johnson & Johnson Inc.
2155 Pie IX Blvd.
Montréal, Québec
H1V 2E4
(514) 252-5539

5. March of Dimes
Birth Defects Foundation
1275 Mamaroneck Ave.
White Plains, New York 10605
U.S.A.

6. Health & Welfare Canada
Mental Health Division
Ottawa, Ontario
K1A 1B4
(613) 990-7999

Santé et bien-Etre Social Canada
Division de la Santé mentale
Ottawa, Ontario
K1A 1B4
(613) 990-7999

7. Alcoholism & Drug Dependency
Commission of N.B.
P.O. Box 6000
Fredericton, NB
E3B 5H1
453-2136

Commission de l'alcoolisme et de la pharmacodépendance du N.-B.
C.P. 6000
Fredericton, N.-B.
E3B 5H1
453-2136

8. Canadian Mental Health
Association
65 Brunswick Street
Fredericton, NB
E3B 1G5
455-5231

Association canadienne pour la santé mentale
65, rue Brunswick
Fredericton, N.-B.
E3B 1G5
455-5231

9. Environment and Health Committee
Single Service Institute Inc.
250 Park Avenue
New York, New York 10017
U.S.A.

10. Connaught Laboratories
1755 Steeles Ave., West
Willowdale, Ontario
M2R 3T4
(416) 667-2804

Laboratories Connaught
1755, ave. Steeles, Ouest
Willowdale, Ontario
M2R 3T4
(416) 667-2804

11. Health & Welfare Canada
Medical Services Branch
Ottawa, Ontario
K1A 1B4
(613) 990-8188

Santé et bien-Etre Social Canada
Division des services médicaux
Ottawa, Ontario
K1A 1B4
(613) 990-8188

12. Health & Welfare Canada
Communicable Diseases Division
Laboratory Centre for Disease
Control Building
Tunney's Pasture
Ottawa, Ontario
K1A OL2
(613) 990-8970

Santé et bien-Etre social Canada
Division des malades contagieuses
Edifice LCDL
Tunney's Pasture
Ottawa, Ontario
K1A OL2

(613) 990-8970

13. Health & Welfare Canada
Health Protection Directorate
P.O. Box 6396, Station A
Saint John, NB
E2L 4R8
648-4860

Santé et bien-Etre social Canada
Direction de la protection de la santé
C.P. 6396, Succ. A
Saint John, N.-B.
E2L 4R8
648-4860

14. Udo A. Mehner
Consumer & Corporate Affairs Canada
Atlantic Region
1222 Main St., 3rd Floor
Moncton, NB
E1C 1H6
857-6633

Udo A. Mehner
Consommation & Corporation Canada
Région de l'Atlantique
1222, rue Main, 3e étage
Moncton, N.-B.
E1C 1H6

857-6633

15. Director General
Road and Motor Vehicle Safety
Transport Canada
Ottawa, Ontario
K1A ON5
613-992-0077 (Ottawa)
506-857-7314 (N.B.)

Directeur Général
Direction de la sécurité automobile et routière
Transport Canada
K1A ON5
613-992-0077 (Ottawa)
506-857-7314 (N.B.)

16. Back Association of Canada
111 Avenue Road
Concourse Level
Toronto, Ontario
M5R 3J8

416-967-4670

Association canadienne pour le soin du dos
111 Avenue Road
Concourse Level
Toronto, Ontario
M5R 3J8
416-967-4670

17. Pharmaceutical Manufacturers Association of Canada
1110-141 Laurier Ave. West
Ottawa, Ontario
K1P 5J3

Association canadienne de l'industrie du médicament
1110-141 ouest, avenue Laurier
Ottawa, Ontario
K1P 5J3

18. Fitness and Amateur Sport Canada
365 Laurier West
Ottawa, Ontario
K1A OX6

613-996-4510

Condition physique et Sport Amateur Canada
365 Laurier Ouest
Ottawa, Ontario
K1A OX6
613-996-4510

19. Dept. of Tourism, Recreation & Heritage
P.O. Box 6000
Fredericton, NB
E3B 5H1
453-2132

Ministère du tourisme, des loisirs et du patrimoine
C.P. 6000
Fredericton, N.-B.
E3B 5H1
453-2132

20. Planned Parenthood Federation of Canada
200-151 Slater Street
Ottawa, Ontario
K1P 5H3
(613) 238-4474

Fédération canadienne pour la planification des naissances
200-151, rue Slater
Ottawa, Ontario
K1P 5H3
(613) 238-4474